

The essential packing list from Bindis & Bottles

I have included my favorite product links as well to make it super easy to shop last minute. The [article has a full description](#) for you and comments on many of the items below. This is only a checklist.

HAND LUGGAGE

Toddler:

- Headphones
 - 2-3 emergency diapers
 - 2 undies
 - 1 pair pants
 - 1 top
 - 1 sweater
 - Toddler [backpack](#)
 - [Toddler rolling bag](#)
 - 1 blanket
 - 1 neck pillow
 - 2 packs stickers
 - 1 plain notebook
 - Crayons
 - Markers
 - Favorite stuffed toy - if your kid has one, take it!
 - [Water Wow set](#) from Melissa and Doug
 - Reusable water bottle
 - Duplos - a car, couple people or animals, few blocks
- OR
- Few wooden animal toys
 - Band-aids

Baby:

- 5 hours per diaper x trip length + 4 extra =
- 2 wipes packages (75 count)
- 1 warm outfit
- 2 pairs socks
- Favorite stuffed toy
- Duplo car and some people or animals
- Lift/flap book
- Reusable [water bottle](#)

Parental unit - Mom/Dad

- Extra top
- Headphones
- Adult tylenol
- Hairbrush
- Toothbrush
- Toothpaste
- Mouthwash
- Hand sanitizer
- Lotion/hand cream
- Prescription medicine

Snacks:

- Cheerios
- Saltine crackers
- Fresh fruit - Blueberries, bananas, and mandarin/clementine oranges
- Bars - [Larabar](#), granola bar, [nature's bakery bar](#)
- [Animal crackers](#)
- Baby food pouches

Medicine:

The list below is a total hit or miss. If your children are not sick, then all is well and you do not need anything from below. If they get sick while traveling or are already sick, well, best to have everything with you! Remember, once you are on the plane, no one is giving you baby medicine to deal with fevers, coughing, etc.

*Consult your pediatrician before administering any medication

- [Gripe water](#)
- Petroleum jelly
- Ibuprofen
- Baby Benadryl
- Baby Tylenol/acetaminophen
- Prescription medicine for the children

Luggage:

I am excluding all parent packing here and focusing on the kids only. Consider how many days your trip is (including travel time) and whether you will have access to laundry.

- Baby potty - a [Potette](#) or something similar
- Baby [high chair seat](#)
- 1 pack new crayons
- 1 pack new markers
- 3-5 small, favorite books
- Moving vehicle toys - one per child
- Extra Duplo
- 3-4 sticker sets
- [Inflatable balls](#)
- Baby diapers - Count 5 diapers/day x days of the trip. Add 3 days extra of diapers in case of delays or heaven forbid, illness!
- Wipes
- Extra medicine: including Calamine lotion, Neosporin, eye drops
- Extra snacks
- Baby thermometer - rectal and ear
- Baby nail cutter
- Sunblock
- N95 masks
- Pedialyte

Clothes:

Clothing is highly dependent on the weather of your destination. Cold weather means more clothes because of layering and gear. Gloves, snow shoes, hats, and even snow suits maybe needed. On the flip side, if the destination is rainy or in the rainy season, pack rain jackets and rain boots - they are impossible to find at any store last minute (yea, I've looked!)

For your toddler, let him/her help with choosing clothes. You will of course finalize the items, but let them pick their favorite tops, bottoms, undies and socks. They will be thrilled and they get to be part of the process. This is also a great learning and development opportunity for them (very Montessori friendly), don't miss out on it.

Disclosure, the product links may contain affiliate. By shopping through them I make a small commission (it costs you nothing) that helps supports this site!

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